

















ASSUMPTION ELEMENTARY SCHOOL HEALTHY HABITS MENU May 2010

HEALTHY HABITS LUNCH PRICE \$2.65 (milk included)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Baked Chicken Strips BBQ Sauce Corn  Chilled Fruit Blueberry Cookie Milk, 1% Fat	Pancake & Sausage on a Stick  Syrup Tator Tots Orange Half Milk, 1% Fat	Cheeseburger on Bun  Tator Tots Carrot Sticks Chilled Fruit Milk, 1% Fat	French Toast Sticks Syrup Bacon Tator Tots Fruit Cocktail Milk, 1% Fat	EARLY DISMISSAL
10	11	12	13	14
Bosco Breadstick  Spaghetti Sauce Tossed Salad Light Ranch Dressing Applesauce Rice Krispies Treat Milk, 1% Fat	Spaghetti with Meat Sauce  Green Beans Fresh Baked Breadstick Rice Krispies Square Milk, 1% Fat	Soft Taco  Spanish Rice Pineapple Chunks Low Fat Pudding Pop Milk, 1% Fat	Scrambled Eggs Bacon Yogurt Blueberry Muffin Milk, 1% Fat 	Papa John's Pizza  \$1.55 - 1 slice of pizza \$1.85 1 slice of pizza and a juice box
17	18	19	20	21
Boneless Chicken Drumsticks  Mashed Potatoes with Gravy Chilled Applesauce Fresh Baked Brownie Milk, 1% Fat	Cheese Lasagna Roll Up Tossed Salad Light Ranch Dressing Chilled Fruit Chocolate Pudding Milk, 1% Fat	Macho Nachos  Shredded Lettuce & Tomato Chilled Fruit Oreo Cookies Milk, 1% Fat	Fettuccini Alfredo Steamed Broccoli Fresh Baked Breadsticks Chocolate Chip Cookie Milk, 1% Fat 	BLT Wrap Fresh Fruit Strawberry Yogurt Cheddar Goldfish Milk, 1% Fat 
24	25	26	27	28
Hot Dog Curly Fries & Ketchup  Sherbet Chilled Fruit Milk, 1% Fat	MANAGER'S CHOICE Last Day for 8th Grade Good Luck!	MANAGER'S CHOICE	Papa John's Pizza  \$1.55 - 1 slice of pizza \$1.85 1 slice of pizza and a juice box	Last Day of School 10:00 Dismissal
31	 <h1 style="font-size: 4em; color: orange; text-shadow: 2px 2px 0px #000;">Have a great summer!</h1> 			
Daily Hot Ala Carte: Hamburger 1.40 Cheeseburger- Thick & Juicy 2.25 Cheeseburger 1.55 Bigger Bacon Cheeseburger 1.95 Hot Dog 1.15 Grilled Cheese 1.15 Chicken Pattie 1.75 Extra Cheese .40 Fresh Baked Cookies .55-1.00 Baked Potato 1.25 Nachos 1.55 Hot Vegetables .65 Pasta or Potato 1.25 Fries 1.45		Daily Cold Ala Carte: Deluxe Expanded Salad Bar .38 per ounce Cold Sandwiches 1.20 & up Fresh Fruit .40 & up Ice Cream Novelties .40 & up Baked Chips .75/1.00		Beverages: Skim Milk .13 White Milk-1% .14 Chocolate-1% .15 Orange Drink .45 Crystal Lite .70 Sunny Delight .85 Bottled Water 1.00 Capri Sun .75
WEEKLY SPECIALS: MONDAY Chicken Rings & Fries 2.50 TUESDAY Chicken Bites & Fries 2.75 WEDNESDAY Chicken Nuaquets & Fries 2.30 THURSDAY Bosco Stick 1.35 FRIDAY Bosco Pizza 2.00		SALAD BAR MONDAY St. Louis Hill Salad TUESDAY Caesar Salad WEDNESDAY Pasta Salad THURSDAY Ramen Noodle Slaw FRIDAY Taco Salad		
		On Papa John's Day the only other food served is hot dogs, fries, cookies and nachos with cheese. \$1.55 - 1 slice of pizza \$1.85 - 1 slice of pizza and a juice box		

Food Service Consultants, Inc.
"Serving You With Pride"

